

Black Bean Salad

Ingredients:

- 1 red bell pepper, diced
- 1 green bell pepper, diced
- 1 yellow bell pepper, diced
- ½ cup diced red onion
- 1 can (15.25 ounces) corn, drained
- 1 clove garlic, minced
- 1 teaspoon cilantro
- ¼ cup olive oil
- 4-5 tablespoons red wine vinegar
- 1 teaspoon lime juice
- Freshly ground pepper
- Salt
- 1 can (15 ounces) black beans, drained
- Lettuce leaves
- Tortilla chips

Cut all the bell peppers and red onion into ¼ inch dice. In a salad bowl, combine bell peppers, onion, corn kernels, garlic and cilantro and toss to mix. Add olive oil, vinegar, lime juice and salt and pepper to taste and toss again. Add black beans mixing well.

Serving suggestions:

- Option 1: Serve over a bed of lettuce with tortilla chips.
- Option 2: use as a dip for tortilla chips.
- Option 3: omit the lettuce and tortilla chips and enjoy as is.