



**RBC Royal Bank**  
**RBC Wealth Management**  
Dominion Securities



An exclusive Women of Ambition event

## 2014 FINANCE & FITNESS RESOLUTIONS FOR WOMEN

Bring in the new year as a new you!

Investment Advisor Dian Chaaban, along with her partners at RBC Royal Bank's Plaza Main Branch, invites you to discover the top 10 resolutions that will keep your health and wealth in check.

### Speakers & Discussion Topics:



**DIAN CHAABAN**

Investment Advisor | RBC Dominion Securities

- How to benefit from tax-saving strategies
- Simplify your life by making smarter financial decisions



**DR. EMILY LIPINSKI**

Naturopathic Doctor | Aspire Health

- The oils that are best for your health
- What is gluten and is gluten-free healthier?
- Is organic food worth the higher price?



**TESHIA MAHER**

Yogi/Founder of Living Live Nutritional Consulting

- Improving your health through simple changes
- Setting attainable fitness and nutrition goals

### Details:

Thursday, February 6, 2014 | 12:00 p.m. - 1:00 p.m.

RBC Royal Bank Main lobby level | 200 Bay Street – South Tower | Toronto, Ontario

*A light lunch will be served.*

**Please confirm your spot by Friday, January 31, with Mary at [mary.hernandez@rbc.com](mailto:mary.hernandez@rbc.com) or 416-955-5613.**